

	MONTAG			DIENSTAG			MITTWOCH			DONNERSTAG			FREITAG			SAMSTAG		
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 1	STUDIO 2	STUDIO 3
10:00				10:00			10:00			10:00			10:00			10:00		
10:15				10:15			10:15			10:15			10:15			10:15		
10:30				10:30			10:30			10:30			10:30			10:30		
10:45				10:45			10:45			10:45			10:45			10:45		
11:00				11:00			11:00			11:00			11:00			11:00		
11:30				11:30			11:30			11:30			11:30			11:30		
11:45				11:45			11:45			11:45			11:45			11:45		
12:00				12:00			12:00			12:00			12:00			12:00		
12:15	B-CARDIO	B-PILATES		12:15	B-YOGA	B-CARDIO	12:15	BARRE	B-CARDIO	12:15	B-YOGA		12:15	BARRE	B-CARDIO	12:15		
12:30	12.00 - 12.30 UHR	12.30 - 13.00 UHR		12:30	12.00 - 12.30 UHR	12.30 - 13.00 UHR	12:30	12.30 - 13.00 UHR	12.00 - 12.30 UHR	12:30	12.00 - 12.30 UHR		12:30	12.00 - 12.30 UHR	12.00 - 12.30 UHR	12:30		MITTELSTUFE
12:45	Aliya, 30 min	Natalija, 30 min		12:45	Cristina, 30 min	Oksana, 30 min	12:45	Natalija, 30 min	Aliya, 30 min	12:45	Cristina, 30 min		12:45	12.30 - 13.00 UHR	Aliya, 30 min	12:45		12.00-13.00 UHR
13:00				13:00			13:00			13:00			13:00	12.30 - 13.00 UHR		13:00		Cristina, 60 Min
13:15	STRETCHING	BARRE		13:15	BARRE	STRETCHING	13:15	B-PILATES	STRETCHING	13:15	12.30 - 13.00 UHR		13:15	B-PILATES	STRETCHING	13:15	STRETCHING	ERW SPITZENTANZ
13:30	12.30 - 13.00 UHR	13.30 - 14.00 UHR		13:30	12.30 - 13.00 UHR	13.00 - 13.30 UHR	13:30	13.00 - 13.30 UHR	12.30 - 13.00 UHR	13:30	12.30 - 13.00 UHR		13:30	13.00 - 13.30 UHR	12.30 - 13.00 UHR	13:30	13.00 - 14.00 UHR	13.00-13.30 UHR
13:45	Aliya, 30 min	Natalija, 30 min		13:45	Cristina, 30 min	Oksana, 30 min	13:45	Natalija, 30 min	Aliya, 30 min	13:45	Cristina, 30 min		13:45	Natalija, 30 min	Aliya, 30 min	13:45	Natalija, 30 min	
14:00				14:00			14:00			14:00			14:00			14:00		
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19:00				19:00			19:00			19:00			19:00			19:00		
19:15				19:15			19:15			19:15			19:15			19:15		
19:30	B-CARDIO	BALLETT-ANFÄNGER		19:30	BALLETT-MITTELSTUFE	BARRE	19:30			19:30			19:30			19:30		
19:45	19.15-19.45 UHR	19.30-20.30 UHR		19:45	19.30-20.30 UHR	19.30 - 20.30 UHR	19:45			19:45			19:45			19:45		
20:00	Cristina, 30 min	Nina, 60 Min		20:00	19.30 - 20.30 UHR	19.30 - 20.30 UHR	20:00			20:00	BALLETT-ANFÄNGER	BARRE	20:00			20:00		
20:15				20:15	19.30 - 20.30 UHR	19.30 - 20.30 UHR	20:15			20:15		19.00 - 20.00 UHR	20:15			20:15		
20:30	B-YOGA			20:30	Oksana, 60 min	SPITZENTANZ	20:30			20:30		Natalija, 30 min	20:30			20:30		
20:45	20.00 - 21.00 UHR			20:45	20.30-21:00 UHR	Natalija, 60 min	20:45			20:45	20:00-21:00 UHR		20:45			20:45		
21:00	Cristina, 60 min			21:00	Nina, 30 Min		21:00			21:00	Nadezhda, 60 Min		21:00			21:00		